

Dear Parent,

## Health Rules for Camp

1. **Illness - DO NOT BRING your child to check-in with a fever!**  
No child will be allowed at camp with a fever or any other signs or symptoms of illness. Children must be free of fever for 24 hours before attending camp.
2. **Lice – Please check your child’s hair for lice the week before camp check-in. (*especially area of hairline at neck and behind ears.*)** If you find moving lice (not nits), use the special shampoo on your child’s hair before coming to camp check in on Sunday. (*see instructions on back of this page*) Every child will be checked for head lice by the nurse at check in. If lice are present, the child will be sent home for treatment and will not be allowed at camp for a full 24 hours after treatment of hair and personal items. (clothes and bedding)
3. **Reminder: Please bring all medications to camp check-in for the nurse to review. Please be aware that failure of having medications at check in can result in delaying start of camp for your child.**

Call the Development Disabilities Department with questions 214-559-7855.

Sincerely,

Richard C. Adams, MD  
Medical Director, Camp TLC

# Treatment Instructions for Permethrin 1% (Nix®) Crème Rinse

- Wash hair with a shampoo without conditioner. Do not use a shampoo that contains a conditioner or conditioner alone since this may decrease the activity of the Permethrin. Rinse with water.
- Dry the hair so it is damp but not wet.
- Shake the bottle of Permethrin well.
- Completely saturate the hair and scalp with Permethrin. Begin to apply Permethrin behind the ears and on the back of the neck.
- Keep Permethrin out of the eyes. Protect your eyes with a washcloth or towel.
- Leave Permethrin on the hair for 10 minutes, but no longer.
- Rinse with warm water.
- Towel dry hair and comb the tangles.
- Wash all clothing and bed linens in hot water (130\*) and dry on high heat.
- If live lice are seen seven days or more after the first treatment, a second treatment should be given.