



JOIN THE FUN!

A Week of
Volunteering -
A Lifetime of Memories

Each June SBANT sponsors a 6-day residential camp at Camp John Marc (www.campjohnmarc.org) for children with Spina Bifida ages 9 to 16. Doctors and nurses from the SB clinic at Texas Scottish Rite Hospital for Children (www.tsrh.org) organize and supervise the medical care provided at camp. We accept between 90 and 100 children, who stay in air-conditioned cabins with trained volunteer cabin counselors. Three counselors are assigned to 6 or 7 children in each cabin. The campgrounds have been designed to be completely accessible, and it is a state-of-the-art therapeutic camping facility, with a specially trained staff. Days at camp are filled with swimming, boating, fishing, horseback riding, arts and crafts, photography, dance, singing, sports and games and other fun activities. This is an excellent opportunity for parents to allow their child with SB to experience greater independence, and to meet other kids facing the same challenges.

We Need You!

NURSES

We need 25-30 nurses for the week of camp. Duties include:

- Reviews camper medical forms & information prior to camp and helps check campers in at Scottish Rite on Sunday morning
- Administering meds & doing skin checks
- Interacting with campers & counselors during activities, especially swimming, horses, zip line
- Keeping medical records
- Responsible for bowel program and catheterization schedules
- Giving campers a positive medical experience & assisting them with becoming independent on skills such as cathing



COUNSELORS

Supporting Happy Campers!

Counselors are an integral part of our campers time at camp and duties include:

- Staying in the same cabin with 6-7 campers
- Making sure campers get to activities, and support CJM staff during activities
- Assisting with personal care as needed
- Work as a team with nursing staff and CJM staff
- Help foster independence with campers with grooming, hygiene, personal care, transferring
- Creating a positive, encouraging atmosphere

SIDEWALKERS



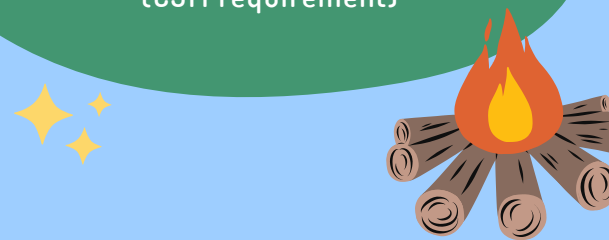
Sidewalkers assist in the horse arena & ensure the safety of campers in the horse arena. Duties include:

- Assist CJM staff during horse activities
- Volunteer in other areas where needed when away from horse arena
- No experience necessary



NO EXPERIENCE NEEDED FOR SIDEWALKERS OR COUNSELORS!

- Counselors MUST BE at least 18 years old and graduated from High School
- Sidewalkers MUST BE 19 years old and over a year graduated from High School (CJM requirement)



About Spina Bifida

Spina Bifida is a neural tube birth defect that occurs when the spinal column does not form properly. People may be minimally affected or may face multiple complications related to Spina Bifida throughout their life. It is the most common permanently disabling birth defect in the United States impacting nearly 200,000 individuals. The Spina Bifida Association of North Texas (SBANT) provides information, resources, assistance, advocacy, support and connections to help all those affected by Spina Bifida. One of our main programs is Camp TLC and we would love for you to volunteer and be a part of our community!

Our Mission

The Mission of Camp TLC is to provide a safe and fun environment where children with Spina Bifida and other Neurotube Defects can explore nature, try new experiences in a safe, supported, and adaptive environment, make friends with other children facing their same challenges, and strive for greater independence.



**VOLUNTEER & JOIN
US FOR OUR 32ND
YEAR OF CAMP TLC!**



**WE CAN'T WAIT TO
SEE YOU AT CAMP TLC!**

MORE INFO? CONTACT JULIE!



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WWW.SPINABIFIDANT.ORG



**SummerCamp
For Kids with
Spina Bifida**



**VOLUNTEERS
NEEDED!**



LOCATED AT CAMP JOHN MARC

JUNE 8-14, 2024

HOSTED BY:



**SPINA BIFIDA
ASSOCIATION
OF NORTH TEXAS**