

Camp Health Policy

SBANT recognizes that the nature of camping includes increased exposure and close interaction. We further recognizes that illness caused by virus may easily be spread in the camping environment, in particular the H1N1 (swine flu) and Covid virus. In an effort to minimize the risk of this illness at camp, the following policies are established:

Before camp & at camper check in a copy of this policy will be distributed to all attendees including SBANT Volunteers, Medical Staff, Camp John Marc Staff, and the camper's parents/guardians.

Immunizations and Covid Vaccines are highly encouraged to help with the spread of virus and diseases. Please see the CDC guidelines here: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

All Campers attending camp MUST be up to date with the recommended Child & Adolescent Immunization Schedule -- <https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html> -- Please contact Camp Director with any issues or concerns with this mandatory eligibility policy via email: campctlc@spinabifidant.org

Specific to the flu vaccinations, the pandemic and the COVID coronavirus, the Spina Bifida Association of North Texas highly encourages these being administered to help with the spread of virus and diseases. Please see the CDC guidelines here: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

Masks will **not** be mandatory at check in nor during camp but they will be available for use if you desire. Anyone with concern should feel free to wear a mask when interacting with anyone outside their cohort.

Cohorts or groups of campers will not be socially distanced from other Cohorts during programming, meals, transportation, or during play. We will be mindful of policies listed to help in keeping all campers safe and healthy while enjoying camp programming and all it has to offer.

Volunteer and Medical Staff:

- All Volunteers should provide proof of basic child & adolescent immunizations during Application Process.
- All Volunteers should provide proof of covid vaccine during Application Process or a negative test prior to arrival at Camp John Marc or to Camper Check In via email to directors@campctlc-sbant.com
- Pre-camp arrival, Any of the following symptoms associated with illness experienced within the last 7 days should be reported to Camp Director:
 - Fever or chills
 - Cough, Headache or Sore throat
 - Shortness of breath or difficulty breathing
 - Fatigue / Muscle or body aches
 - New loss of taste or smell
 - Nausea or vomiting or Diarrhea
- Any volunteer / medical staff person who exhibits symptoms within 7 days before the opening of camp will need clearance from a Medical Profession for approval for camp.
- At camp, if a volunteer or staff members exhibits ANY symptoms, the volunteer should see the Medical Director for assessment and the Camp director should be notified. A decision if isolation is indicated, or if the staff member should leave camp will be up to the discretion of the Medical Director (medical staff) and/or the Camp Director (SBANT Board Representative).

Campers:

- Before camp and at camper check-in a copy of this policy will be distributed to each camper's parent or guardian, and posted on the Camp TLC website.
- As part of the camper check in process - Campers will be asked if they have had any of the following symptoms within the past 7 days. At the discretion of the Medical Director, a positive response is cause for not clearing the camper for attendance to camp. In that event, camper will be sent home. Campers who have recovered from these symptoms in the past 7 days should notify Camp TLC Medical Director before Camp Arrival for review of eligibility:
 - Fever or chills
 - Cough, Headache or Sore throat
 - Shortness of breath or difficulty breathing
 - Fatigue / Muscle or body aches
 - New loss of taste or smell
 - Nausea or vomiting or Diarrhea
- During camp, if a camper exhibits ANY symptoms, the camper will be examined by the Medical Director for assessment and the Camp director will be notified. A decision if isolation is indicated, or if the camper should leave camp will be up to the discretion of the Medical Director after discussion with Camp Director.. The director and/or Medical Director will contact parents/guardians in this instance for scheduling the pickup of the camper.

Precautions:

- All persons at camp will be asked to wash hands frequently; sneezes and coughs will be covered.
- Everyone will wash hands with soap or hand cleaner before eating.
- Water bottles, food utensils and other personal items shall not be shared.
- Trash will be removed from cabins to the trashcan on the breezeway at least twice per day. Tissues and other soiled items containing body waste must be removed promptly, and hands washed immediately after removal.
- Bathroom counters, toilets and doorknobs in the cabin will be disinfected at least twice each day.
- Any Fever or symptoms will be monitored and assessed per our well camper protocol and isolation for that camper and the entire cabin will be determined to provide safe distancing and a protection from spreading any contagious disease.

Camper Check in - Health Screening Policy

All campers undergo a health screening within twenty-four (24) hours of first arrival at camp that is done by licensed medical provider, Dr. Richard Adams, a developmental pediatrician and his staff. This includes a check for observable evidence of illness, injury, or communicable disease or condition

A verification and updating of health history information to identify any medication, changes in health status, or special needs that may require further follow-up; and reviews and collection of any medications to be dispensed during the camper's stay at camp directly to a licensed health provider.

SBANT Camp Statement

Our organization has had a good working relationship with Camp John Marc for more than 30 years. It is the only accessible camp of its kind in Texas and surrounding states. We have received over 30 years of support of both financial and programming for our youth and families.

Although the Spina Bifida Association has nationally stated that there is **no evidence** that the Covid Vaccine is harmful to most individuals including those with Spina Bifida, we, at SBANT, **fully and completely** respect the decision of each individual whether to receive the Covid Vaccine, Boosters or flu vaccinations.

